

TMSS



The TMSS Student Mantra, Commit to G.R.I.T., is a slogan designed to develop the qualities necessary for student success in the 21st century. The emphasis on the qualities of: Growth, Resilience, Integrity and Togetherness stem from student and staff data, as well as research based knowledge. Whether it be in the classroom, gym, clubs or sport teams these universal characteristics will assist students in realizing their full potential.

In the interest of truth and reconciliation, and acknowledgement of our residence on Treaty 6 territory and the presence of Treaty 4 students at TMSS, the qualities of: Growth, Resilience, Integrity and Togetherness are supported further by the Ojibwa 7 Grandfather Teachings: Respect, Humility, Courage, Truth, Honest, Wisdom and Love.

Symbolically, the Mantra and Grandfather Teachings are represented in the Aboriginal Medicine Wheel. More than recognition of Treaty 6 territory and our Treaty 4 students, the use of the Aboriginal Medicine Wheel accentuates holistic attention to ones well-being in mind, body, spirit and emotion regardless of race, religion and gender. Such a focus aligns with the North East School Division Board of Education's goal that, "Our students and staff support and feed the body, emotions, mind and spirit to increase a sense of well-being, connectedness and resilience, and to improve student achievement."

Success in the 21st century requires a **holistic** (mind, body, spirit and emotion) commitment to growth, resilience, integrity and togetherness.

A willingness to **"GROW"** requires **humility** (without arrogance) to understand that we can always improve and recognizes the need to **respect** the process and people to get there.

With "GROWTH" comes new challenges that can be fearful. In such times, we must be **courageous** and not let fear stand in our way. The more we embrace challenge the more **"RESILIENT"** we will become, allowing us to reach our potential.

Regardless of the path and challenges we face, success will always come to those who conduct themselves with **"INTEGRITY"**. In other words, we must be **truthful** and **honest** regardless of the situation, even if it is not to our advantage. The way we do things is every bit as important as what we do.

The **wisdom** to recognize that **love**, not hate, is what leads to progress because it brings people **"TOGETHER"**. Regardless of gender, race or religion, successful people in today's world recognize that collaborating with all people, regardless of differences, achieves far more than we could on our own.