

## Tisdale Elementary School

### February at a glance...

- Feb. 1 K02 Kindergarten Day
- Feb. 2 Term II Report Card and CFR Reports sent home
- Feb. 4 Better Together Shirt Day
- Feb. 5 School Spirit Team Clothing Day
- Feb. 8-12 Staff Appreciation Week
- Feb. 11 Agriculture Spirit Day—Dress like a farmer or rancher
- Feb. 12 Pink/ Purple/Red Spirit Day, Chinese New Year, Classroom Valentine Celebrations in afternoon, Staff Dress Down for Breast Cancer
- Feb. 15-19- No School
- Feb. 22 Classes resume for PK, K02 and Grade 1-5 students, 100th Day of School
- Feb. 23 Random Acts of Kindness Day, Kindergarten Day for K01 & K03 students
- Feb. 24 Pink Shirt Day
- Feb. 25 Better Together Shirt Day, SCC Meeting
- Feb. 26 Universal Snack Day, Staff Dress Down for Breast Cancer

  
**Happy**  
**Valentine's Day**

Tisdale Elementary School  
Box 1928 Tisdale, SK S0E 1T0  
Phone: 306-863-4533  
Fax: 306-752-1933  
Email: [tes@nesd.ca](mailto:tes@nesd.ca)  
Website: <http://tes.nesd.ca/>

### TES School Community Council

Giselle Huvenaas  
Chair

Scott Janke  
Vice Chair

Erin DeLaet  
Secretary

Victoria Steinhäusser  
Treasurer

Janet Squires  
MAL

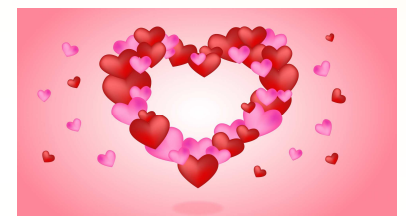
Michelle Allgrove  
MAL

Carmela Slade  
MAL

Lori Kidney  
Board Member

Danelle York  
Teacher

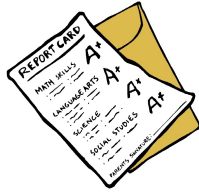
Sandra Norum  
Principal



## Semester I Term II

### Report Cards

Term II report cards will be complete and teacher comments will be sent out in paper format in your child's agenda on Tuesday, Feb. 2. We encourage all parents to check Student's Achieve on a regular basis. If you need help accessing information on Students Achieve, please reach out to your child's teacher.



### Valentines Day During a Pandemic

As we know that this is a tradition many students look forward to, we want to proceed with this but need to ensure we are following the proper protocols. If the students are going to bring valentines for their classmates, they must bring them to the school to sit for a few days prior to students being able to take them home. Valentines will need to be at the school no later than 9:00 am Feb. 11th. Anything brought to school after that time will need to remain at school until the students return from their break on Feb. 22nd. We ask that no treats, candies, pencils, etc are attached or included with the Valentines, no envelopes or stamps where licking is required will be accepted. We thank everyone for following these guidelines as with your assistance it still allows the students to share items for friendship with classmates in a safe manner!



## Reminders for parents.....

### Attendance

Our school continues to utilize the School Messenger system to deliver text messages and phone calls to parents regarding attendance, school events, alerts and more. If your child will be late or absent from class, **PLEASE NOTIFY THE SCHOOL BEFORE 9:15 AM** by calling 306-873-4533 - or emailing [tes@nesd.ca](mailto:tes@nesd.ca) so that staff are aware of the absence. We also have a general mailbox where you may leave messages if you are calling outside of school hours. Student absences will be unexcused unless we have been contacted by a parent or guardian.



### Pick Ups/Drop Offs

Please do not park in the staff parking lot or in the entrance ways of the bus loop. Please do not walk students through the bus loop, use crosswalks or wait until buses have loaded and left the school as it is very difficult for buses to come to an abrupt stop and we want to prevent any injuries.

### Food and Shareable Items

A reminder to parents that during the pandemic, students should not be sharing items at school. This includes food, toys, birthday invitations etc. We are not to be serving cake or other goodies for special occasions including birthday parties. Please refrain from sending gifts to the school as well. We all play a part in keeping everyone safe, thank you for your help with this!



### February Break

Tisdale Elementary School will be closed for February Break February 15 through 19. Have a great week off!



## Tisdale Elementary School Wind Chill Indicators

<u>Wind chill</u>	<u>Action</u>
-25	Risk of frostbite. Dress warmly, stay out of the wind when possible.
*Warmer than -27	Students stay outside, stay out of the wind when possible, and dress warmly
-27 to -34	Students go out for a breath of fresh air (a few minutes only)
-35 or more	Students must stay inside

### Cold Weather

Please check with your child, when they leave for school to ensure they are wearing a warm jacket, toque, mitts, ski pants, and boots! Being warm at recess makes it much more enjoyable for your child. Please ensure you are labelling all of their winter clothing with their name as well. If you need help accessing warm clothing for your child, please contact the office 306-873-4533.



### Bus Cancellations

If you receive a call throughout the school day indicating your child's bus has been cancelled, we would appreciate a call to the school indicating what your child's alternate plan should be, 306-873-4533.



### School Clothing Still Available

#### Be Kind Design

##### Gold—T-Shirt

4—Youth Small  
3—Youth Medium  
2—Youth Large  
2- Youth Extra Large

##### Red—T-Shirt

2—Youth Small  
2—Adult Medium  
1- Adult XL

##### Royal Blue T-Shirt

1—Youth Small  
2—Youth Medium

#### PAWS Design

##### Red T-Shirt

2—Youth Small



All T-shirts are \$6.00 and are available on a first come first serve basis by contacting the office. Parents may pay by cash or cheque, please make cheques payable to NESD#200. Once parents have confirmed with the office the items they are wanting are available, they may send payment.



# Save Money on Food

Try the following tips to help save money when feeding your family.

## Plan before you go

- **Make a list of you want to eat for a few days .**
- **Make a grocery list.**
- **Check what foods you have on hand.** Use up fresh foods first.
- **Get creative.** Modify recipes to include foods you already have.
- **Use less costly protein rich foods** such as eggs, lentils, beans or canned fish instead of pricier meats.
- **Plan for leftovers.** For example, if you have roasted chicken one meal, use the leftovers to make a chicken stir-fry for another meal.
- **Plan for homemade meals** more often than eating out.



## While you are shopping

- **Stick to your grocery list.** Choose a time when you are rested and not hungry.
- **Try frozen or canned vegetables and fruit** if fresh are more costly or not available.
- **Buy large packages of meat, poultry and fish.** Divide the food into smaller amounts. Label and store extras in the freezer.
- **Compare the prices of different brands.** Generic brands will often cost less.
- **Watch for sales.** Milk, cheese and bread can be bought on sale and extras stored in the freezer.
- **Freeze fresh vegetables and cooked legumes** for later use in soups, stews and sauces.

Written by Public Health Nutritionists in Saskatchewan (2020)

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## Grocery Store- Order and Delivery Options in North East Saskatchewan (November 2020)

### **Buy-Low Foods (Tisdale)** Facebook- "Buy-Low Foods - Tisdale"

Telephone- 306 873-1080

Email [tisdale\\_orders@buy-low.com](mailto:tisdale_orders@buy-low.com)

Orders can be placed by phone or email. Curbside delivery or parking lot pick up options are available. Preferred shopping is available for seniors and vulnerable customers for the first hour of the day. For updates follow "Buy Low Foods-Tisdale Facebook Page

### **Beeland Co-op (Tisdale)** Facebook- "Beeland Co-op"

Telephone- 306 873-2686

For Delivery orders- 306-852-8550

Pharmacy - 306-873-2644

online [www.Beelandco-op.crs](http://www.Beelandco-op.crs)

Delivery and Curbside services provided Monday to Friday with an order cut off time of 2:00 pm. Prefer online orders [www.beelandco-op.crs](http://www.beelandco-op.crs) but will take phone orders (306-852-8550) or email at [2\\_food.order@beelandcoop.ca](mailto:2_food.order@beelandcoop.ca) Please be as specific as possible when placing orders. When placing your order please include: your name, co-op number, delivery or pick up, method of payment, and if you will take substitutions.

On delivery and curbside pickup there is a payment options of cash, mobile debit/credit, or e-transfer. Hours of operation: Monday to Saturday 8am to 8pm. Sunday 9am to 8pm.

Pharmacy Service available please call 306-873-2644

### **Beeland Co-op (Bjorkdale)**

Facebook - "Beeland Co-op" Telephone- 306-886-2112

Ordering services by telephone. Curbside pick-up services - Wednesday and Friday only. Delivery services - Wednesday and Friday only. No Senior shopping hours. Physical distancing measures - Customer limits, floor marking

### **Ridgedale Co-op**

Facebook- "Ridgedale Cooperatives Ltd" Telephone - 306 277-2042

Ordering services available by phone Curbside pick-up services is available Delivery is not set up, however if close to Ridgedale they can. Open from 9 am-6 pm Mon to Friday; 9 am-5 pm Saturday.

Physical distancing measures - Floor markings

**North East School Division (NESD)** - Effective January 4th, the NESD continues to observe food security concerns in its students and families and are responding to needs on a case by case basis. Visit NESD website for the COVID-19 PARENT INFORMATION GUIDE [https://www.nesd.ca/Pages/default.aspx#/="](https://www.nesd.ca/Pages/default.aspx#/=)

**211 Saskatchewan** - is a free, confidential 24/7/365 province-wide service that connects individuals to resources and services in your community by phone, text, web chat, or online [sk211.ca](http://sk211.ca)

**811 HealthLine** - If you are experiencing COVID-19 symptoms, call 811 for medical advice. Please contact the organization if you have questions. Information is current as of January 7, 2021.

## Tisdale is Better Together!

Food security supports in community of Tisdale during the COVID 19 pandemic:

Tisdale Food Bank- The Salvation Army Food Bank will be open weekly on Mondays 1:00-4:00pm.

The Thrift Store is open and accepting donations.

Hand sanitizer will be available upon entering. If you have been out of the country or are not feeling well, please stay home.

Updates will be posted on "Tisdale and Area Events" Facebook page. For more information contact: (306) 873-4643.

### HOW YOU CAN HELP:

Monetary Donations are preferred at this time. Cheques can be mailed to P.O. Box 415 Tisdale, SK S0E 1T0. Or donations can be made online: [www.salvationarmy.ca](http://www.salvationarmy.ca)

## North East Outreach and Support Services (NEOSS)

**NEOSS continues to serve!**

**Crisis Line 1.800.611.6349**  
24 hours / 7 days a week

**To connect with any services**

**In Melfort and area call:**  
Ashley 306.752.6535 M-F 8-4

**In Nipawin and area call:**  
Julie 306.812.7297 Mon/Tue 8-8 and Wed 8-7

If you, or someone you know, is in need of shelter due to a domestic violence situation, please call **306.752.9455** and our staff will be happy to help you.

Office: 306.752.9464 Monday-Friday 8-4



### HOW YOU CAN HELP:

Follow updates on Facebook "North East Outreach & Support Services" <https://www.facebook.com/NorthEastOutreachandSupportServices/> to learn about new programming and fundraising events. For more information call 306 752-9464.

## Tisdale and Area Community Action Cooperative Ltd. (Collective Kitchen Programs and Good Food Box)

TACACL continues to ensure Collective Kitchen participants have healthy food during this challenging time and is operating virtual sessions for participants.

The Good Food Box will operate on the first Thursday of each month. Orders are due by the 20th of each month. Contact: [gfbbox.tisdale@sasktel.net](mailto:gfbbox.tisdale@sasktel.net) or 306-873-2299. Safety protocols have been implemented including: hand sanitizer and masks for volunteers, frequent cleaning, physical distancing, outdoor pickups and door step deliveries. Please follow the "Good Food Box, Tisdale Sk." Facebook page for updates.

**HOW YOU CAN HELP:** Monetary donations are preferred at this time. E-transfers are accepted at [gfbbox.tisdale@sasktel.net](mailto:gfbbox.tisdale@sasktel.net). Cheques can be mailed to P.O. Box 2042 Tisdale, Sk S0E 1T0. Canada Prenatal Nutrition Program (CPNP) - Due to COVID CPNP community kitchens are not running. Instead pre and postnatal clients receive weekly deliveries of food bags consisting of fruit, cereal and bread. Clients will continue to receive weekly milk and egg coupons. CPNP would like to start small group kitchens in March... so stay tuned.

**HOW YOU CAN HELP:** Contact Tammy Derkatz 306 920-7552 for more program and referral information.





# Tisdale Elementary School

513 - 105<sup>th</sup> Avenue, PO Box 1928

Tisdale, Saskatchewan S0E 1T0

Phone (306) 873-4533

Principal: Sandra Norum Vice Principal: Desirea Binning

Website [tes.nesd.ca](http://tes.nesd.ca) E-mail [tes@nesd.ca](mailto:tes@nesd.ca)



January 26, 2021

Re: Report cards and comments

Dear parents and Guardians:

The North East School Division is preparing for a transition to a new grade reporting program. Due to this preparation, we will not be emailing report cards. Instead, we direct you to view the parent portal in Students Achieve (on our TES Webpage [https://www.nesd.ca/School/tes/Pages/default.aspx#/=](https://www.nesd.ca/School/tes/Pages/default.aspx#/) under parents).to see your child's grades. Your child's teacher will be sending a paper copy of your child's comments but NOT the grades in an envelope to you on February 2, 2021.

While this process may be slightly different than past years, we are dedicated to keeping families up to date with continued access to your child's grades throughout the school year.

To see your child's current grades:

- Access Student Achieve. If you have forgotten your password, a new one will be emailed to you using this link - <http://studentachieve.nesd.ca/SASPublicWeb/Forms/Administrator/PasswordRecovery.aspx?&Popup=true> (you must use the email address on record at your child's school). Your child's teacher has shared with you your family's usernames.

We look forward to sharing our new grade and progress reporting system with you for the 2021-2022 school year upon learning more about it.

Should you have questions or difficulty accessing this, please call the school at 306-873-4533 and we will do what we can to help.

