

Workshop 10 - Pre-Cal/Calculus Refresher

- Common areas of difficulty
- Math 110 syllabus
- Individualized help and support

Workshop 11 - Science Refresher

- Bio/Chem/Physics assistance
- Review syllabus for first year classes
- Individualized help and support
- Health Sciences Labs

STUDY SKILLS FOR SUCCESS

Workshop 12 - Study Skills

- Note-taking, Textbook reading, out of class expectations

Workshop 13 - Test Taking Strategies

- Mental strategies – visualization, relaxation, effects of stress
- Multiple choice strategies
- Essay writing
- Time management
- Open book tests

Workshop 14 - Time Management

- Scheduling , Calendar and to do list apps
- Apps that can help with distractions

Workshop 15 - Online Learning – Strategies for Success

- Organization and accountability
- Dedicated workspace
- Know your learning style and preference
- Scheduling & time management
- Log in frequently
- Actively participate & make connections
- Make connections
- Accountability

Workshop 16 - Computer Survival Basics

- File folder management
- Password management
- Lost files
- Upload files
- Office 365

Workshop 17 - Career Planning/Post-Secondary options

- College tours/College programs
- My Blueprint
- Navigating non-direct entry college options
- SMART Goals



For more information and to register,
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Post-Secondary Blended Learning Prep Camp



AUGUST 10-24, 2020

**Registration deadline
July 10, 2020**

Do you need to spend more time on your 30 level Math and Science classes before you head to post-secondary?

Would labs in a face to face environment be beneficial?

Could you use some help preparing for the transition to post-secondary?

Are you unsure what to expect moving into an online post-secondary environment and want to learn what to expect and what skills you will need for success?

PROGRAM INFORMATION

This program had been specifically designed for graduates of NESD schools and Cumberland College ABE programs.

Prepare for post-secondary education by supplementing your math, science and college writing skills. You will also learn about post-secondary expectations and skills to be successful in an online or blended delivery format.

The program will be offered in a blended environment with some workshops deliver face-to-face and others online.

WORKSHOPS

The sessions are a series of 17 workshops intended to prepare graduates for your post-secondary journey. A mandatory 2-day orientation will begin with an intake session, attended in your nearest location (Melfort, Nipawin or Tisdale Cumberland College Campus). Choose from the menu of workshops that best suit your needs. The time commitment for each workshop varies according to topic.

PROGRAM ORIENTATION

Workshop 1 - Intake Session - Mandatory

- Sessions will run more than once in each location
- An overview of the sessions and timetable
- Gathering feedback on their wishes and expectations (opportunity to gauge interest for supplemental learning)
- Assignment of usernames and passwords
- Opportunity to ensure all participants can access and are checking email accounts from their post-secondary institutes, can log into any systems, such as PAWS, etc.

WHAT DO I NEED TO KNOW AS A POST-SECONDARY STUDENT?

Workshop 2 - Navigating Post-Secondary Online Environment

- U of R, USask, SaskPolytech self-serve – where to find schedule/classes, RESP eligibility, student lines of credit, T222As, and book lists
- Paying tuition – student loans, credit card limits, cheques, debit limits
- Blended learning, flipped classrooms
- Support services - How to access tutors, advisors, other supports, etc

Workshop 3 - Post-Secondary Supports

Presentation from Post Secondary institutions on:

- How to access supports
- Campus opportunities
- Campus policies - respect/consent/harassment
- Student Disability Grant

Workshop 4 - Post-Secondary Basics

- Student loans and grants
- Scholarships
- Textbooks & Office 365
- Health and dental plans
- Student disability grant basics

Workshop 5 - All the Things Every Post-Secondary Student Needs to Know

- Class preparation and homework, timelines, schedules, online groupwork, time management
- Even in a blended model, you are still a full-time student – plan accordingly
- High School marking vs post-secondary marking
- School/Social/Health balance

ACADEMIC UPGRADING & PREPARATION

Workshop 6 - How to Write a University Essay

- Writing it Right - Writing at university level
- APA formatting

Workshop 7 - Avoiding Plagiarism Basics

- Expectations for citations, effective paraphrasing, Grammarly checks for plagiarism

Workshop 8 - What is a Math Lab?

- Lab expectations, difference between lab and tutorial, Tutorials and seminars

Workshop 9 - Math Refresher for Trades

- Expectations for specific trades, formulas, algebra