

Peanut Allergy Alert

This notification is to inform parents that a student or students at William Mason School have severe allergies to peanuts and foods containing peanut products. Peanuts or foods containing peanut products could result in severe life threatening anaphylactic shock which is rapid in onset and requires immediate injection of an epipen and medical attention. Therefore, I am asking that all students and parents be mindful of ways that can help keep all students safe and free from the harmful effects of severe peanut allergies. The following is a list of ingredients that must be avoided:

- Peanuts
- Peanut flour
- Peanut butter
- Mixed nuts
- Trail mix containing nuts
- Baked goods containing nuts
- Peanut oil
- Candy products containing nuts

Here are a few things YOU can do to keep everyone safe....

Never take peanut allergies lightly. Everyone needs to take this seriously. That means no joking or teasing, or trying to trick someone into eating food they are allergic to!

Respect school rules for everyone's safety. William Mason School is a peanut safe zone. This means that sending foods to school that contain peanuts or peanut products must be strictly prohibited. Measures must be taken to prevent allergic reactions on school buses. The same rules need to apply to the school bus of concern.

Ask your friends what they are allergic to and help them avoid it. Learning what someone is allergic to is easy. (Just ask them!) If someone in your class has a serious food allergy, carefully check with the family or school office before bringing any food products to the classroom.

If an allergic friend becomes ill, get help immediately. Here are some symptoms to help watch for: (1) skin could be red and bumpy, itchiness. (2) swelled face, arms, or legs. (3) swelled mouth, throat, or tongue. (4) breathing problems. (5) dizziness, light headedness, feeling faint.

If you have any further questions please don't hesitate to call the school. Thank you for your attention to this Peanut Allergy Alert and doing whatever it takes to keep all students safe.

Sincerely,

Mr. Darren LaRose, Principal

William Mason School